

Hanover Diamond Sports Return to Play Protocols

Hanover Diamond Sports' (HDS) mission to provide a fun and safe season of baseball and softball will not work without your full cooperation and participation in the designated safety protocols.

The guidelines were crafted using recommendations from federal, state, and local resources including but not limited to the CDC, PA Department of Health, and the Pennsylvania Recreation & Park Society.

- 1. All players and coaches must have completed and turned in the HDS Return to Play Waiver.
- 2. Players must be screened by parents/legal guardians prior to participating in any HDS activity or event. All parents/guardians will be held responsible for their children. Please keep any person who is sick or showing signs of any illness at home.
 - a. Take temperature before attending any HDS activity. Reading over 100 is an automatic NO PARTICIPATION for any HDS activity. Please do not give Tylenol, etc. to bring the temperature down. Temperature reading must be below 100 for 72 hours. Within the last 72 hours, none of these COVID-19 symptoms should be present (along with a temperature over 100): cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat, new loss of taste or smell, vomiting, rash or diarrhea.
 - b. If your player, or any household members, have been in contact with a confirmed COVID-19 patient, please avoid HDS activities/events until confirmed you are not positive for COVID-19.
 - c. If your player or any household members test positive for COVID-19, please contact us: <u>rampagesecretary@hanoverdiamondsports.com</u>
- 3. Arrival Protocols for HDS Activities
 - a. Parents should abide by social distancing protocols.
 - b. At this time, use of the bleachers is not permitted.
 - c. Parents may watch practice or games using their own chairs from outside the foul line areas using social distancing protocols (keeping 6' away from other fans or families).
 - d. No sitting next to dugout/player bench areas.
 - e. Players must bring their own water bottle/beverage to consume during and after HDS activities. Sharing of water bottles/drinks and snacks is prohibited.
 - f. No spitting or eating seeds, chewing gum, or other similar products.
 - g. No post-game team snack distribution.
- 4. Equipment Sanitizing
 - a. Coaches must sanitize shared equipment before and after each practice.
 - b. Coaches are required to sanitize the bench/dugout/player area after each practice/game.
 - c. Players will be encouraged to use their own equipment (helmets, bats, etc.) as much as possible.
- 5. Protocols for Coaches
 - a. Coaches will adhere to six-foot social distancing practices when possible.
 - b. No spitting or eating seeds, chewing gum, or other similar products.
 - c. No touch rule coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A "tip of the hat" can be used following the game in lieu of the handshake line.
 - d. Coaches should ensure the players are adhering to social distancing in dugouts and other seating areas.
- 6. Practice Protocols
 - a. No dugout use for practice. Players must spread their bags/equipment using the fence line at the fields
 - b. For each practice session, it is recommended that coaches divide players into smaller groups and avoid whole team drills unless social distancing can be maintained.
 - c. Baseballs/softballs and other equipment must be sanitized after practices.

- 7. Game Protocols
 - a. Use of dugouts and bench areas are permitted during games only.
 - b. Only 4 players are permitted in the dugout/bench area utilizing social distancing. This does not include the on-deck area.
 - c. The remaining players should have designated spots in the bleachers (when available). Players may bring their own chair to use. Coaches must designate an adult who is responsible for ensuring players are seated on the benches and socially distanced unless they are actively participating in the game. If requested by parents, players are permitted to wear face masks when on or off the field. Masks are not required. Please encourage your child not to touch their face.
 - d. Coaches will not be allowed on the field to discuss a call. Coaches may request a meeting with the umpire near their dugout to discuss any questions and remain 6' away.
 - e. During mound visits, coaches must maintain social distancing.
 - f. Base coaches should do their best to remain 6' away from players (runners and infielders).
 - g. Players must put batting gloves into their back pocket. Base coaches are not to handle them.
 - h. Postgame handshakes or physical interaction between teams are prohibited. Coaches will teach the players while practicing social distancing to tip their hats to their opponents from their respective foul line.
 - i. Postgame, the coaches must sanitize their dugout area and shared baseball equipment.
 - j. Coaches must sanitize all groundskeeping equipment used before, during, or after the game.
- 8. Dugout / Facility / Park Protocols
 - a. Fans must bring their own chairs or stand (no use of bleachers). Fans should maintain social distancing between different household units. No fans are allowed behind the backstop to six feet past the far end of the player seating areas.
 - b. Fans and spectators must not enter player areas or field of play.
 - c. No more than 90 people should be gathered at a single field. At this time, we ask that families limit the number of spectators per player. If we reach the field limit, some spectators will be asked to leave.
- 9. Concessions
 - a. Concession stands will be closed at all facilities for now. This is subject to change.
- 10. PPE
 - a. HDS will supply coaches with hand sanitizer for team use; however, it is recommended that each athlete should bring their own sanitizer if possible.
 - b. HDS will provide coaches with sanitizing materials.

HDS COVID-19 Advisory Committee